

## Dash in the Dark - 10th Nov 2017

| Pos | Number | Time  | Name               | Club                 |
|-----|--------|-------|--------------------|----------------------|
| 1   | 4      | 24.22 | Stephen Skates     | Prestatyn RC         |
| 2   | 8      | 25.16 | Ryan Davis         | Wrexham AC           |
| 3   | 61     | 25.29 | Tom Hiles          | U/A                  |
| 4   | 11     | 26.37 | Mathew Fortes      | Eryri Harriers       |
| 5   | 106    | 26.58 | Gary House         | Runstrong            |
| 6   | 70     | 27.17 | Ifan Oldfield      | Wrexham AC           |
| 7   | 75     | 27.29 | Simon Roberts      | Buckley              |
| 8   | 55     | 27.38 | Tony Wood          | Denbigh Harriers     |
| 9   | 125    | 27.47 | Steve Toogood      | Buckley              |
| 10  | 24     | 27.57 | Simon Edwards      | Buckley              |
| 11  | 67     | 28.51 | Peter Mould        | U/A                  |
| 12  | 96     | 28.56 | Jonathan Hardman   | Cheshire Hill Racers |
| 13  | 13     | 29.03 | Brett Jones        | U/A                  |
| 14  | 101    | 29.10 | Pete Gray          | Buckley              |
| 15  | 6      | 29.21 | Andy Jones         | Gog Tri              |
| 16  | 23     | 29.25 | Leon Davies        | NWRRRC               |
| 17  | 124    | 29.54 | Neil Coppack       | CRR                  |
| 18  | 77     | 29.59 | Craig Mitchley     | U/A                  |
| 19  | 32     | 30.03 | Simon Phillips     | Whitchurch Whippets  |
| 20  | 47     | 30.23 | Chris House        | U/A                  |
| 21  | 31     | 30.29 | Hayley Evans       | Buckley              |
| 22  | 46     | 30.35 | Dylan Roberts      | Wreccsam Tri         |
| 23  | 1      | 30.39 | Lizzie Irvine      | Otley AC             |
| 24  | 20     | 30.52 | Joe Moore          | Gorton Burglars      |
| 25  | 39     | 31.36 | David Baugh        | Denbigh Harriers     |
| 26  | 18     | 32.05 | Richard Morris     | U/A                  |
| 27  | 110    | 32.30 | Martin Witty       | Deestridders         |
| 28  | 2      | 32.33 | Samuel Bennett     | Mysteruns            |
| 29  | 120    | 32.40 | Richard Borne      | Mysteruns            |
| 30  | 27     | 32.41 | Neil Riddle        | U/A                  |
| 31  | 19     | 32.47 | Glyn Evans         | U/A                  |
| 32  | 102    | 32.55 | John Rolton        | Clwyd Fell Runners   |
| 33  | 53     | 33.20 | Stuart Thomas      | West Cheshire        |
| 34  | 28     | 33.33 | Kirsty Seddon      | Chester Tri          |
| 35  | 43     | 33.34 | Stephen Davies     | U/A                  |
| 36  | 123    | 33.52 | Peter Lamb         | U/A                  |
| 37  | 60     | 34.10 | Ceri Belshaw       | Denbigh Harriers     |
| 38  | 87     | 34.19 | Sophie Nunn        | U/A                  |
| 39  | 10     | 34.23 | Becki Law          | Eryri Harriers       |
| 40  | 85     | 34.29 | Paul Lewtey        | Deestridders         |
| 41  | 34     | 34.30 | Edward James Leach | Chester Road Runners |

|    |     |       |                       |                      |
|----|-----|-------|-----------------------|----------------------|
| 42 | 44  | 34.47 | Lee Rowe              | U/A                  |
| 43 | 115 | 34.50 | Mandy Peffers         | CRR                  |
| 44 | 9   | 34.55 | Helen Ashworth        | Prestatyn RC         |
| 45 | 119 | 35.00 | Elliott Boylan        | U/A                  |
| 46 | 122 | 35.11 | Matt Pritchard        | Run Free             |
| 47 | 97  | 35.35 | Nige Parr             | Deestridders         |
| 48 | 48  | 35.44 | Dave Stephens         | CRR                  |
| 49 | 84  | 35.49 | Christine Cammillare  | Deestridders         |
| 50 | 45  | 35.50 | Steve Parsons         | Chester Road Runners |
| 51 | 50  | 35.52 | Jenny Ewels           | CRR                  |
| 52 | 17  | 35.55 | Charlotte Rose Wilton | U/A                  |
| 53 | 38  | 35.57 | Alex Bush             | Wrexham AC           |
| 54 | 36  | 36.00 | Katy Baugh            | Denbigh Harriers     |
| 55 | 82  | 36.01 | Dave Broatch          | Eryri Harriers       |
| 56 | 95  | 36.32 | Andy Meincken         | U/A                  |
| 57 | 92  | 36.44 | Peter Roberts         | Buckley              |
| 58 | 52  | 36.48 | Michael Roberts       | Wrexham Tri          |
| 59 | 90  | 36.54 | Gina Riley            | U/A                  |
| 60 | 14  | 36.55 | Duncan Cunningham     | U/A                  |
| 61 | 56  | 37.08 | Richard Cawley        | Chester Road Runners |
| 62 | 98  | 37.09 | Andrea Waddock        | Deestridders         |
| 63 | 21  | 37.25 | Gemma Moore           | NWRRRC               |
| 64 | 89  | 37.43 | James Eastbury        | U/A                  |
| 65 | 71  | 37.45 | Hayley Turner         | Eryri Harriers       |
| 66 | 3   | 37.50 | Paul Aird             | Last Inn Runners     |
| 67 | 80  | 37.57 | Jan Rogers            | Chester Tri          |
| 68 | 100 | 38.11 | James Marsh           | U/A                  |
| 69 | 72  | 38.23 | Tony Bennison         | U/A                  |
| 70 | 73  | 38.24 | Victoria Knight       | CRR                  |
| 71 | 7   | 38.42 | Geraint Llewelyn Hugh | U/A                  |
| 72 | 40  | 39.02 | Menai Baugh           | Denbigh Harriers     |
| 73 | 68  | 39.11 | Jon Oldfield          | Wrexham AC           |
| 74 | 54  | 39.12 | Brygida Gorecko       | U/A                  |
| 75 | 69  | 39.15 | Ella Oldfield         | Wrexham AC           |
| 76 | 93  | 39.16 | Richard Davies        | U/A                  |
| 77 | 79  | 39.17 | Owen Williams         | WFRA                 |
| 78 | 41  | 39.18 | Charles Ashley        | Wrexham AC           |
| 79 | 63  | 39.19 | Alexander James Pasl  | Welsh Dragons        |
| 80 | 109 | 39.41 | Linda Martin          | Deestridders         |
| 81 | 78  | 39.50 | Geoff Pettitt         | U/A                  |
| 82 | 118 | 39.51 | John Humphries        | Mysteruns            |
| 83 | 59  | 39.53 | Michaela Jones        | U/A                  |
| 84 | 83  | 40.07 | Maxine Brockley       | U/A                  |
| 85 | 74  | 40.07 | Alex Fletcher         | Eryri Harriers       |

|     |     |       |                        |                      |
|-----|-----|-------|------------------------|----------------------|
| 86  | 76  | 40.08 | Victoria Isabelle Owen | U/A                  |
| 87  | 86  | 40.09 | Damon Winterbottom     | NEWSAR               |
| 88  | 66  | 40.24 | Brian Edwards          | Chester Road Runners |
| 89  | 26  | 40.33 | Kirstie Fraser         | U/A                  |
| 90  | 37  | 40.54 | Anwen Brown            | Denbigh Harriers     |
| 91  | 94  | 41.24 | Chris Rhodes           | U/A                  |
| 92  | 108 | 41.25 | Lorna Royle            | Deestridders         |
| 93  | 99  | 41.39 | Alun Williams          | U/A                  |
| 94  | 25  | 41.51 | Amanda Garner          | Buckley              |
| 95  | 81  | 41.53 | Simon McAllister       | Chester Tri          |
| 96  | 112 | 42.07 | Simon McCormick        | U/A                  |
| 97  | 88  | 42.44 | Sandra Montgomery      | CRR                  |
| 98  | 35  | 42.46 | Joanne McKeown         | U/A                  |
| 99  | 22  | 42.52 | Edward Amesbury        | U/A                  |
| 100 | 30  | 43.02 | Craig Heard            | Wrexham AC           |
| 101 | 16  | 43.37 | Yricka Gardner         | Wrexham AC           |
| 102 | 15  | 43.43 | Karen Owens            | Wrexham AC           |
| 103 | 91  | 43.53 | Gaynor Evans           | U/A                  |
| 104 | 12  | 43.56 | Lucy Marriott          | Mysteruns            |
| 105 | 62  | 44.00 | Phil Cotton            | Wreccsam Tri         |
| 106 | 51  | 44.51 | Jonathan Barnes        | U/A                  |
| 107 | 111 | 44.57 | Sue McIndoe            | Deestridders         |
| 108 | 114 | 45.14 | Robert Lewis           | U/A                  |
| 109 | 65  | 45.23 | Lizette Stevens        | U/A                  |
| 110 | 121 | 45.45 | Heather Jones          | Run Free             |
| 111 | 49  | 46.00 | Susan Anne Ridings     | Buckley              |
| 112 | 133 | 46.05 | Rebecca Jones          | U/A                  |
| 113 | 134 | 46.07 | Violet Jones           | U/A                  |
| 114 | 104 | 46.09 | Andrew Broughton       | Chester Road Runners |
| 115 | 64  | 46.10 | Alison Perrins         | Wreccsam Tri         |
| 116 | 129 | 46.15 | Dawn Samuels           | U/A                  |
| 117 | 29  | 46.21 | Norman Seddon          | Mersey Tri           |
| 118 | 33  | 46.30 | David Jones            | U/A                  |
| 119 | 117 | 46.34 | Morfudd Archer         | U/A                  |
| 120 | 116 | 46.35 | Debbie John            | U/A                  |
| 121 | 132 | 47.27 | Wayne Thomas           | U/A                  |
| 122 | 113 | 48.07 | Mandy Lewis            | Whitchurch Whippets  |
| 123 | 127 | 48.28 | Leah Carson            | Chester Road Runners |
| 124 | 126 | 48.29 | Paul Wood              | Chester Road Runners |
| 125 | 58  | 50.46 | Emma Williams          | U/A                  |
| 126 | 57  | 50.47 | Caroline Baker         | U/A                  |
| 127 | 42  | 51.18 | Ciara Murphy           | Chester Tri          |
| 128 | 128 | 51.24 | Stacey Griffiths       | U/A                  |
| 129 | 131 | 55.21 | Beverley Goodson       | Deestridders         |

|            |     |       |                 |                      |
|------------|-----|-------|-----------------|----------------------|
| <b>130</b> | 130 | 55.27 | Kathy Bannister | Wrexham              |
| <b>131</b> | 107 | 55.29 | Drew Skinner    | Chester Road Runners |
| <b>132</b> | 103 | 56.16 | Laura Broughton | Chester Road Runners |
| <b>133</b> | 105 | 56.17 | Natasha Inns    | Chester Road Runners |
| <b>134</b> | 5   | 61.17 | Peter Norman    | Wrexham AC           |