

2018 Wales and Borders Fixtures Calendar

Race Name:			
Date:			
Distance/climb:	?? km/ ??? m	?? miles/??? ft	
Category:	A/B/C S/M/L		
Start time:			
Venue:			
Extra details:			
Entry fee/details:	Price, Entry on Day? Pre-entry?		
Teams:			
Safety:	ER (Experience Required) LK (Local Knowledge an advantage) NS (Navigational Skills Required) PM (Part Marked) - delete as appropriate		
Age limit:	Over ??		
Junior races:			
Men's record:	Name	Time	Year
Women's record:	Name	Time	Year
Organiser:			WFRA No: Please give membership no. if you wish to insure through WFRA
Address:			
Telephone:			
Mobile:			
E-mail:			
Website:			
WFRA Insurance Reqd:	Yes/No (please delete as appropriate)		
Please return to Linda Edmondson: Email: wfracal@gmail.com Tel: 0161 969 7131 Mobile: 07961034716 18 Queens Road, Sale, M33 6QA			

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Notes:

Race categories:

A – should average not less than 50m climb per km

B – should average not less than 50m climb per km

C – should average not less than 50m climb per km

Race Lengths:

L (long) – Race is 20km or more

M (medium) – Race is over 10km but less than 20km

S (short) – Race is 10km or less

Race insurance

To insure a race through WFRA (giving you £10,000,000 cover) the race organiser must be a member of WFRA (just £10 a year). Please contact Sandra Rowlands (sandra@wfra.org.uk) with membership enquiries and Helen Brown (helen@wfra.org.uk) with Insurance enquiries.