

**CYMDEITHAS  
RHEDWYR  
MYNYDD  
CYMRU**



**WELSH  
FELL  
RUNNERS  
ASSOCIATION**

## **2018 SOUTH WALES SERIES**

*The following races are to be included in the series:*

<b>Llanbedr-Blaenafon</b>	<b>Saturday</b>	<b>March 31</b>
<b>Llanthony Loop</b>	<b>Saturday</b>	<b>April 14</b>
<b>Cwmdu</b>	<b>Saturday</b>	<b>May 12</b>
<b>Middletown Show</b>	<b>Saturday</b>	<b>June 30</b>
<b>Guto Nyth Bran</b>	<b>Saturday</b>	<b>July 7</b>
<b>Brecon Beacons</b>	<b>Sunday</b>	<b>August 5</b>
<b>Fan Fawr</b>	<b>Saturday</b>	<b>October 6</b>

An individual's best results from up to 4 of the 7 races will be counted in the Series with an individual's score for each race being derived from the times of the average finishers.

### ***To qualify for the Series each competitor must:***

Be a paid-up member of the WFRA as at 1st April 2018  
Have completed a minimum of 3 races within the Series

Age categories for the Series are as follows:  
Senior, u/23, V40, V50, V60 and V70

Presentations for the Series will take place after the  
Breidden Hills race on October 14

**The WFRA AGM will take place after the Breidden Hills race**