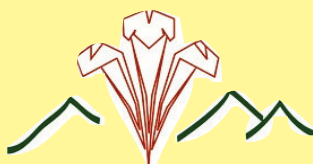


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**WELSH
FELL
RUNNERS
ASSOCIATION**

In association with



Present the 2017
WFRA NORTH WALES SERIES

Sponsored by Cotswold outdoor

Tarren Hendre	Saturday	January 28
Moel y Ci	Saturday	February 11
Ras yr Aran	Saturday	March 18
Fron Four	Saturday	April 15
Moel Hebog	Saturday	June 24
Push up the Pincyn	Saturday	July 29
Maesgwm Muddle	Saturday	August 12
Peris Horseshoe	Saturday	September 9
Trefriw Mill	Saturday	October 7

An individual's best results from up to 6 of the 9 races will be counted in the Series with an individual's score for each race being derived from the times of the average finishers.

To qualify for the Series each competitor must:

- Be a paid-up member of the WFRA as at 1 March 2017
- Have completed a minimum of 5 races within the Series

Age categories for the Series are as follows:

Senior, u/23, V40, V50, V60 and V70

Presentations for the Series will take place after the Trefriw Mill race on Saturday 7 October.